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A Division of  
Mason Distributors, Inc.  
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March 20, 1997

0071 '97 SEP 19 P1:36

Dr. Elizabeth Yetley  
Director of the Office of Special Nutritionals  
Division of Programs and Enforcement Policy  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
200 C Street  
HFS-455  
Washington, D.C. 20204

Dear Dr. Yetley:

Notice is hereby given pursuant to the requirements of Section 403(r)(6) (21 U.S.C. 343(r)(6)) of the Federal Food, Drug and Cosmetic Act of statements of nutritional support which have been made on the label and/or in the labeling in connection with the marketing of the dietary supplement of VALERIAN East Indian Root 500MG was first marketed with these statements of nutritional support on Thursday, February 20, 1997. The statements marketed with these statements of nutritional support are as follows:

The ANTI-STRESS Herb  
Promotes Relaxation & NIGHTTIME REST

Very truly yours,

Mason Distributors, Inc.

Paul Kimbar, R.Ph.  
VP Sales & Marketing

PK/fp

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